

W O R K B O O K



HOW TO ENGAGE PEOPLE WHEN YOU DON'T HAVE TIME

**12 Days of Activities
for Increasing Engagement
within Your Organization**

To Be Used with Companion CDs



Day 6/Treat Employee Goals as if They Were Your Own

Purpose

In this activity, we will experience the impact when we put our efforts behind helping an employee realize their goals.

Procedure

Follow these steps:

Step

Action

1

Identify an employee who you would like to help achieve her goals.

2

Make a list of the things you could be doing, which you are not currently doing, that would assist the person in achieving her goals. From your list, pick one thing you can do today. Do it.

3

Record your results by answering the questions on the following three pages.



What was the result of your exercise?

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How did you feel doing the activity?

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How did the other person react?

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What were the successful elements of the exercise?

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What were the unsuccessful elements of the exercise?

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What will you do differently next time?

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